



ROSIE LORE Ph.D.

I exist to inspire courage in individuals, to crush mediocrity, expand possibilities, and create lasting impact. I am a consummate connector, persuasive communicator; I'm open to self-discovery and new experiences. My career spans close to three decades working across various sectors and geographies, initially cutting my teeth in academia within Medical Research in Kenya obtaining my Masters and Doctoral degrees from the University of London (London School of Hygiene & Tropical Medicine, UK), thereafter in Corporate R&D within the food industry (Unilever) across Sub-Saharan Africa and North America (USA & Canada).

Over the past six years, my career has transitioned into Leadership Development; I initially managed the Acumen Fund's East Africa Fellows Program, a flagship leadership development program for social impact entrepreneurs, where I began honing my leadership coaching & facilitation skills. More recently I supported the set-up of a Stanford University Graduate School of Business initiative – Stanford Seed – a business transformation accelerator that enables SMEs & their CEO/founders to transform and scale their businesses. I served as a Transformation Facilitator within the East African region with a focus on Ethiopia and Kenya for a duration of 3 years.

I am a seasoned process facilitator and certified coach, adept at enabling organizations scale their leadership effectiveness in order to create the sustained, outstanding results that matter most to them. I presently serve as CEO to the leadership consulting practice, The High Energy Group www.theheg.org, which predominantly serves business executives, entrepreneurs, and their management teams offering individual and team coaching as well as facilitated experiential leadership workshops that impact organizational health and business performance.

Socially, I enjoy attending Jazz festivals across the world and rummaging through souks and flea markets for treasures whilst on my travels. I enjoy sunsets and podcasts, am an avid foodie, coffee connoisseur and jewelry addict.